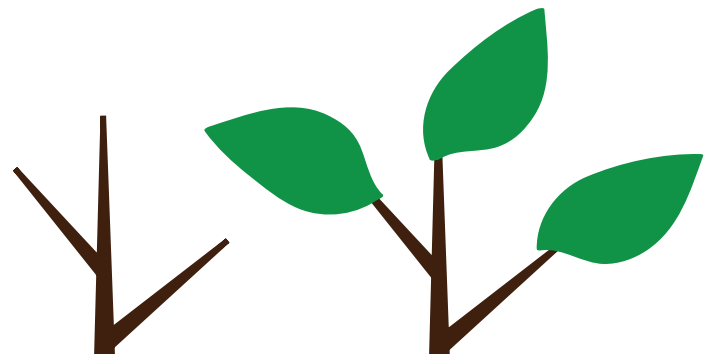



*The
Problem of*

SUICIDE

Rediscovering Hope



The Problem of **SUICIDE** **Rediscovering Hope**



The problem of suicide is a worldwide concern. In the United States alone, there were 38,364 suicides in 2010, estimated to reflect one suicide every 13.7 minutes. Suicide attempts are more common, occurring at a rate of one every 32 seconds. In special populations, such as the young or the elderly, suicide risk is disproportionately high. Among young people age 15-24, for example, suicide was the third-leading cause of death in 2010. Among Veterans and active-duty military troops in, or returning from, combat zones, recent increases in suicide rates have been of alarming proportions. As well, there is a multiplier effect, since each suicide intimately affects at least six people (and often many more), such as family and close friends.

The Menninger Clinic provides intensive inpatient treatment for patients who are suffering from complex psychiatric conditions that often include extreme hopelessness and suicidal thinking and behavior. Our clinicians work closely with these patients and their families to help them rediscover hope and return to productive and gratifying lives. Researchers at Menninger are studying the problem of suicide to identify evidence-based best practices to help suicidal patients recover. The Program Committee of this year's annual symposium chose The Problem of Suicide as an urgent educational priority. Leading experts have been selected to present the latest findings about the epidemiology, neurobiology, theory, assessment, evidence-based treatment and prevention of suicide.

I sincerely invite you to join us for what I guarantee will be a richly rewarding day of learning.



JOHN M. OLDHAM, MD, MS
Scientific Symposium Chair
The Menninger Clinic and Baylor College of Medicine

Symposium Honors Our Colleague

It is our great pleasure to announce the naming of our national spring symposium for our colleague, John M. Oldham, MD, MS.

John is a leader in academic and clinical psychiatry known for his expertise in personality disorders. From early years of his career, he has taken a keen interest in understanding and improving the lives of patients with these severely disabling conditions. He fully represents the purpose and standards for our vision for this symposium – to deliver the highest quality clinical education to mental health professionals seeking to provide the best possible care for their patients.



From left: *John M. Oldham, MD, MS; Ian Aitken; and Stuart C. Yudofsky, MD*

Always striving to learn more and to guide psychiatrists and other mental health clinicians to become the best partners possible with their patients, John has excelled as an academic leader. In 2011-2012, he served as the elected president of the American Psychiatric Association, the second of Menninger psychiatrists to do so following William C. Menninger, MD, five decades earlier.

John has been the chair of this scientific symposium since its inception in 2012. From this time forward, his influence and standard for quality clinical education will guide the programming each year. We look forward to this outstanding **First John M. Oldham National Mental Health Symposium**, with many more to come, sponsored by The Menninger Clinic and the Menninger Department of Psychiatry & Behavioral Sciences of Baylor College of Medicine.

IAN AITKEN

President and Chief Executive Officer
The Menninger Clinic

STUART C. YUDOFSKY, MD

D.C. and Irene Ellwood Chair, Professor, Distinguished Service Professor, and Drs. Beth K. and Stuart C. Yudofsky Presidential Chair of Neuropsychiatry in the Menninger Department of Psychiatry & Behavioral Sciences of Baylor College of Medicine; Chair, Psychiatry Department of Houston Methodist Hospital

John M. Oldham, MD, MS, is currently Senior Vice President and Chief of Staff of The Menninger Clinic, the Barbara and Corbin J. Robertson, Jr. Endowed Chair in Personality Disorders, and Professor and Executive Vice Chair of the Menninger Department of Psychiatry & Behavioral Sciences of Baylor College of Medicine. Dr. Oldham previously served as Director of the New York State Psychiatric Institute, Chief Medical Officer of the New York State Office of Mental Health and the Elizabeth K. Dollard Professor in the Department of Psychiatry of Columbia University College of Physicians and Surgeons. In 2002, Dr. Oldham became Professor and Chairman of the Department of Psychiatry and Behavioral Sciences and Executive Director of the Institute of Psychiatry at the Medical University of South Carolina, and he relocated to Houston in 2007.

Dr. Oldham is a Past President of the American Psychiatric Association, Past President of the American College of Psychiatrists, Past President of the International Society for the Study of Personality Disorders and Past President of the Association for Research on Personality Disorders. He is Editor-in-Chief of the *Journal of Psychiatric Practice* and Joint Editor-in-Chief of *Borderline Personality Disorder and Emotion Dysregulation*, and he has published extensively.

The Problem of Suicide: **Rediscovering Hope**



The First John M. Oldham
National Mental Health Symposium

J.W. MARRIOTT CONFERENCE CENTER – THE GALLERIA IN HOUSTON

Friday, March 28, 2014

- 7 am **Registration and Continental Breakfast**
- 7:45 am **Welcome and Introductions**
JOHN M. OLDHAM, MD, MS
IAN AITKEN AND STUART C. YUDOFKY, MD
- 8 am **The Epidemiology and Public Health Consequences
of Suicide**
JOHN F. GREDEN, MD
- 8:45 am **The Neurobiology of Suicide**
MARIA A. OQUENDO, MD
- 9:30 am **Measuring the Suicidal Mind: Implicit Suicidal Cognition**
MATTHEW K. NOCK, PhD
- 10:15 am **Break**
- 10:45 am **Suicidal Patients: A Population Requiring Specific
Interventions?**
THOMAS E. ELLIS, PSYD
- 11:30 am **Innovations in Eliciting Suicidal Ideation, and
Training Clinicians to Do So Effectively**
SHAWN C. SHEA, MD
- 12:15 pm **Lunch**
- 1:15 pm **Interactive Panel Discussion**
Panelists: DRs. GREDEN, OQUENDO, NOCK, ELLIS AND SHEA;
Moderator: DR. OLDHAM
- 2:30 pm **A Child Psychiatrist's View of Her Mother's Suicide**
NANCY RAPPAPORT, MD
- 3:15 pm **Break**
- 3:30 pm **Treatment Essentials for Suicidal Patients**
PAMELA K. GREENE, PhD, RN
- 4:15 pm **The Interpersonal Theory of Suicide**
KIMBERLY A. VAN ORDEN, PhD
- 5 pm **Closing Remarks**
DR. OLDHAM



Registration

Gain fresh clinical perspective for addressing the problem of suicide.

Enroll in advance to ensure your participation in this event.

- \$150 for professionals
- \$80 for students

Registration fee includes continental breakfast, buffet lunch and refreshments during breaks. Your registration will be finalized with receipt of payment.

- Sign up with our convenient online form. Visit:
www.MenningerClinic.com or www.TheMenningerClinic.camp9.org

VISA, MasterCard, Discover, American Express and checks are accepted.

Symposium Location & Parking

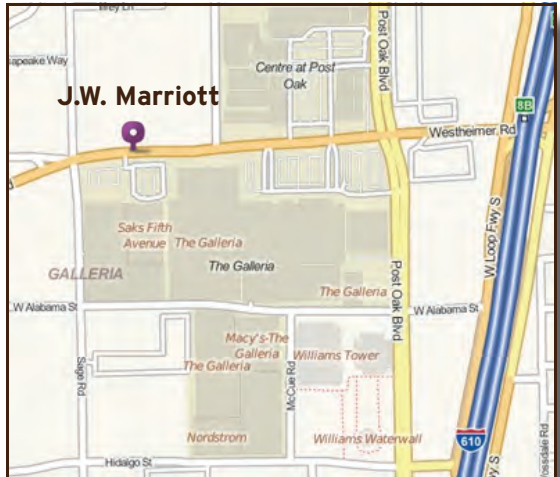
J.W. Marriott Houston
Liberty Hall conference center
5150 Westheimer Road
Houston, Texas 77056

713-961-1500

www.marriott.com/hotels/travel/houjw-jw-marriott-houston/

Hotel parking garage spaces may be limited so we encourage you to allow ample time to park.

Additional parking is available in the J.W. Marriott's surface lot across the street from the hotel on Sage Road as well as at The Galleria in the parking garage. Parking fees are the responsibility of each attendee.



Internet & Symposium Hashtag

- Free Wi-Fi will be available in Liberty Hall during the symposium.
- On Twitter, follow #MennSym for all symposium news before, during and after the event.

Lodging

A limited number of rooms are available at the J.W. Marriott Houston at the conference rate of \$209 when you reserve by March 13, 2014.

To make a room reservation, call 800-228-9290.



Continuing Education

Practice Gap Statement

The Centers for Disease Control (CDC) cite suicide as the 10th leading cause of death in the United States. Furthermore, the suicide rate has been increasing in special populations, and the problem is seen as a national public health epidemic.

Many national organizations such as the CDC, the American Psychiatric Association, the American Psychological Association, the American Association of Suicidology, and other clinical, academic and research networks are devoting major resources to the study of suicide as a high priority.

Learning Goal/Purpose Statement

The purpose of this scientific symposium is to enhance the knowledge and treatment skills of mental health professionals working with patients at risk for suicide.

Target Audience

Physicians, psychologists, registered nurses, social workers, addiction counselors and licensed professional counselors

Learning Objectives

At the conclusion of this learning activity, participants should be able to:

- Discuss ways that psychotherapy can reduce suicide risk through therapeutic interventions that specifically address psychological vulnerabilities of suicidal individuals.
- Describe the importance of biomarkers in the study of suicide in relation to new findings about the role of neurotransmitters in suicidality.
- Recommend preventive public health interventions shown to be effective in reducing deaths by suicide.
- Apply interviewing strategies of the Chronological Assessment of Suicide Events (CASE) approach for uncovering suicidal ideation, planning, behavior and intent.
- Summarize how implicit cognition can be measured using behavioral tests and how suicide-related implicit cognition can be used to predict suicidal behavior.
- Describe at least two ways to apply the theoretical constructs of the Interpersonal Theory of Suicide to clinical work with patients at risk for suicide.
- Describe and utilize five essential components for the treatment of people who are suicidal.

Cosponsors

- The Menninger Clinic
- Menninger Department of Psychiatry & Behavioral Sciences, Baylor College of Medicine

Continued on next page

● Requirements

- Successful completion of this activity requires 100 percent attendance of the activity and completion of the evaluation form.
- No partial credits will be awarded.

● Continuing Education Credit

Seven and one-quarter (7.25) contact/credit/clock hours have been designated by The Menninger Clinic for the following disciplines.

Physicians – The Menninger Clinic is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Menninger Clinic designates this live activity for a maximum of 7.25 *AMA PRA Category 1 Credit(s)*[™].

Registered Nurses – The Menninger Clinic is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

The Menninger Clinic designates this live activity for 7.25 contact hours.

Psychologists – The Menninger Clinic is approved by the American Psychological Association to sponsor continuing education for psychologists. The Menninger Clinic maintains responsibility for this program and its content (7.25 CE credit hours).

Social Workers – The Menninger Clinic, Provider #4586, is approved by the Texas State Board of Social Worker Examiners to offer continuing education for social workers. This activity is approved for 7.25 continuing education credit hours for social workers. We adhere to the Texas State Board of Social Worker Examiners Continuing Education Guidelines.

Licensed Professional Counselors – The Menninger Clinic is a National Board of Certified Counselors (NBCC)-Approved Continuing Education Provider (ACEP[™]) and a cosponsor of this program. The Menninger Clinic may award NBCC-approved clock hours for events or programs that meet NBCC requirements. The ACEP[™] maintains responsibility for the content of this event. This live activity is approved for 7.25 clock hours for licensed professional counselors.

Addiction Counselors – Menninger, Provider No. 1741-06 (expires 7/2014), is approved by the Texas Certification Board of Addiction Professionals (TCBAP) Standards Committee. This activity is approved for seven and one-quarter (7.25) general credit hours. Complaints about provider or workshop content may be directed to the TCBAP Standards Committee, 1005 Congress Avenue, Ste. 460, Austin, Texas 78701, fax 512-476-7297. **Note:** Addiction Counselors are required to complete the post-test for CE activities of more than six (6) hours.

This live educational activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME). The Menninger Clinic maintains responsibility for this program and its content.

● Refunds

With two weeks minimum advance written notice, Menninger will provide a full refund. In the unlikely event that the event must be cancelled, prepaid registrants will be given a registration fee refund.

● Special Needs

If you have any specific dietary or ADA needs, please request in advance when registering online or by calling Bree Scott, 713-275-5060.

● Questions?

- For Continuing Education information, please contact Terrilynn Steele, MSN, RN, tsteele@menninger.edu or 713-275-5056.
- For registration or payment matters, Bree Scott will be glad to assist you, bscott@menninger.edu or 713-275-5060.



National Faculty



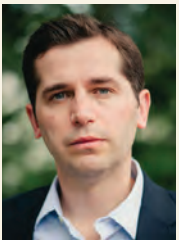
JOHN F. GREDEN, MD

John F. Greden, MD, is the Rachel Upjohn Professor of Psychiatry and Clinical Neurosciences at the University of Michigan, where he served as Chair of Psychiatry for 22 years. He is the Founder and Executive Director of the University of Michigan Comprehensive Depression Center. In 2008 he spearheaded the development of the National Network of Depression Centers, and he serves as Chair of this collaborative effort involving 21 of the nation's leading academic medical centers.



MARIA A. OQUENDO, MD

Maria A. Oquendo, MD, is Professor of Clinical Psychiatry, and she also serves as Vice Chair for Education and as Residency Training Director in the Department of Psychiatry at Columbia University College of Physicians and Surgeons. She is also Director of the Clinical Studies in Molecular Imaging and Neuropathology Division of the New York State Psychiatric Institute. A substantial aspect of her research focuses on major mood disorders, with a special emphasis on suicidal behavior.



MATTHEW K. NOCK, PhD

Matthew K. Nock, PhD, is Professor of Psychology and Director of the Laboratory for Clinical and Developmental Research in the Department of Psychology at Harvard University. His research is aimed at advancing the understanding of why people behave in ways that are harmful to themselves, with an emphasis on suicide and other forms of self-harm. Utilizing a specially modified version of the Implicit Association Test, he leads a large research program exploring ways to more accurately predict suicidal behavior.



THOMAS E. ELLIS, PsyD

Thomas E. Ellis, PsyD, is Director of Psychology at The Menninger Clinic and Professor of Psychology in the Menninger Department of Psychiatry & Behavioral Sciences of Baylor College of Medicine. He is a Founding Fellow of the Academy of Cognitive Therapy, and his research focuses on the problem of suicide, including cognitive characteristics of suicidal individuals and the effectiveness of suicide-specific therapeutic interventions.



SHAWN C. SHEA, MD

Shawn C. Shea, MD, is the Founder and Director of the Training Institute for Suicide Assessment and Clinical Interviewing. He developed a widely utilized interviewing strategy for uncovering suicidal ideation and intent called the Chronological Assessment of Suicide Events (CASE), and he is in demand worldwide to conduct workshops on suicide prevention and clinical interviewing.



NANCY RAPPAPORT, MD

Nancy Rappaport, MD, is Associate Professor of Psychiatry at Harvard Medical School, where as a child and adolescent psychiatrist she teaches undergraduates, medical students and residents about child development and developmental psychopathology. She is the author of an award-winning book entitled *In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide*.



PAMELA K. GREENE, PhD, RN

Pamela K. Greene, PhD, RN, is the Chief Nursing Officer and Senior Vice President of Patient Care Services at The Menninger Clinic and Assistant Professor of Psychiatry in the Menninger Department of Psychiatry & Behavioral Sciences of Baylor College of Medicine. She trains mental health professionals for assessment and management of suicide risk, and she is a member of the American Psychiatric Nurses Association Task Force developing the competencies for providing care to psychiatric inpatients who are suicidal.



KIMBERLY A. VAN ORDEN, PhD

Kimberly A. Van Orden, PhD, is Assistant Professor in the Department of Psychiatry at the University of Rochester Medical Center. Her research involves utilizing the Interpersonal Theory of Suicide to better understand the role of social connectedness in the etiology and prevention of late-life suicide. She serves as Project Director of a randomized trial of peer companionship for older adults as a mechanism to reduce suicide risk.